



## Earthling Run for the animals: 550 km from Berlin to Bavaria

**Maximum performance up to the pain threshold and still smiling at the same time? How does that go together?**

**"Pretty well!" That's what Nicolas Thun and Benjamin Kamisch say, who plan to run 550 km from Berlin to Bavaria in the first week of August. Because in addition to the sporting challenge, the team, around the two endurance athletes, is pursuing another goal: collecting 20,000 euros for the Erdlingshof. Here, rescued animals do not have to serve a purpose, but are simply allowed to live as they please. "Isn't that worth every effort?" ask Nico and Ben full of anticipation, but also a fair amount of respect, for the challenge they have set themselves.**

Birgit Schulze, Chairwoman of the Board of Erdlingshof e. V., first thought she had misheard when Benjamin Kamisch and Nicolas Thun presented their idea: "Our work consists of taking in animals that have previously had to live in sad and cruel conditions and telling their stories. Benjamin and Nico told us that this would be a great sign if two vegan runners would complete such a distance." As members of the Vegan Runners, the two have already completed quite a few marathons, Nicolas Thun has already completed 30 marathons and two 100km runs, and Benjamin Kamisch has also completed 15 marathons. Johannes Jung, 2nd chairman of Erdlingshof e. V., says: "We definitely trust the two of them to manage this distance. And if necessary, we'll come and pick them up by tractor for the last few kilometers!"

But what drives the two ultramarathon runners to their ambitious undertaking? "The fact that we can move so freely is an absolute super privilege. Many animals spend their lives in cages where they can hardly move. They can neither feel the earth under their feet nor the sun on their skin. And yet they would love to run just as much as we do!" explains Nicolas Thun. Benjamin Kamisch adds: "No animal would voluntarily enter a slaughterhouse. The cruelty we inflict on animals can hardly be described in words. If you're really tough, you can watch movies like Dominion. Maybe we could just be nice to animals? Or just leave them alone?" "The fact that we want to raise €20,000 for the pigs' new free-range area is a nice symbol for us that all animals want to run, fly and swim," explains Nicolas Thun. Benjamin Kamisch adds: "And the fact that we have set ourselves such an ambitious goal can also be seen as a symbol: If we really want something, we can do it. For example, switching to a plant-based diet."

The Earthling Run will take place in the first week of August from 01.08.-08.08.2021. Until then, virtual Earthling Runs are already taking place every weekend via the Earthling Run social media channels. "We invite all people to run with us for more compassion! You just think of a nice route and then post a picture of the run with the hashtag #erdlingslauf on Facebook or Instagram," says Nicolas Thun. "Of course, you can also put the short link to our donation page," adds Benjamin Kamisch. "Every now and then there are also great raffles where we give away great prizes from our partner companies among all runners," he adds.



**Donation pages:**

[betterplace.org/en/projects/90780](https://betterplace.org/en/projects/90780) | [facebook.com/donate/132968138893981](https://facebook.com/donate/132968138893981)

**Erdlingslauf:**

[erdlingslauf.de/en](https://erdlingslauf.de/en) | [facebook.com/erdlingslauf](https://facebook.com/erdlingslauf) | [instagram.com/erdlingslauf](https://instagram.com/erdlingslauf)

**Erdlingshof:**

[erdlingshof.de](https://erdlingshof.de) | [facebook.com/erdlingshof](https://facebook.com/erdlingshof) | [instagram.com/erdlingshof](https://instagram.com/erdlingshof)



Rosa Räderscheidt, Nicolas Thun and Benjamin Kamisch  
Photo: flory gruendig



Johannes Jung and Vera Gögele with Carsten  
Photo: Timo Stammberger

You can download these and more photos from our dropbox for free:

[Earthling Run Dropbox for use by the press](#)

Here you can find two video clips about the Erdlingshof from the TV show "Animal Best Friends":

[Cow Nico lives happily with prosthesis today](#) | [Ox Nico needs a lot of attention](#)

### Contact for inquiries and press appointments:

Erdlingslauf

Nicolas Thun

Tel.: 0049 1523 4344409

E-Mail: [hallo@erdlingslauf.de](mailto:hallo@erdlingslauf.de)

<https://www.erdlingslauf.de>